

Vertigo

DIZZINESS

“Doctor I sometimes feel so dizzy that I simply have to lie down or I’ll fall down!” While such a condition is far from normal, everyone has, at one time or another, experienced dizziness, and it is easy to recall the unsettling giddiness and nausea, that characterizes this sensation. It is easy to understand the anguish and alarm experienced by persons who have long spells of dizziness or vertigo, as it is termed, and who can find no cause, no apparent reason, for feeling this disturbance.

SOME COMMON CAUSES

Some common causes are childhood games, a merry-go-round ride, a plane ride or sudden rise in an elevator. Some more serious conditions are inner ear, circulatory disturbances, neurological disturbances, toxic, environmental such as motion sickness, ocular, cardiovascular, low blood sugar, anemia, infectious disease, tight collars and many others.

WHAT DOES THE NERVE SYSTEM DO?

The nerve system extends to and energizes every organ, tissue and living cell of your body. Therefore, it is important that the spine be cared for as part of the maintenance necessary for good, normal health. The nerve system regulates and controls all other systems of your body. These are the circulatory, digestive, respiratory, muscular, reproductive, glandular, lymphatic and eliminative systems.

COMPLEXITY OF NERVES

Approximately 300,000 nerve fibers pass through each small opening of the spine on a route from the brain to all body parts. When a subluxation of a vertebra occurs, the small openings of the spine are partially closed and will interfere with the normal nerve impulse pattern. The result is “pinching”, causing the patient great pain and if not relieved, can result in a serious disability.

CAUSES OF PINCHED NERVES

A misaligned spinal vertebra can cause disease in any part of the body. A fall or injury may cause pinched nerves as well as stress or strains, such as lifting something improperly. Chemical, electrical or emotional shocks may overload the nerve system’s protective mechanism and also produce pinched nerves.

DIAGNOSIS

Pinched nerves are deceiving since they can appear to be almost any illness. A specialist with skill and experience in dealing with the nerve system is the Doctor of Chiropractic. He starts with a full and thorough examination of your spine and vertebra. He looks for pinched nerves from the beginning and in the case of a pinched nerve, he realigns your spine and lets your body heal itself.

YOUR NERVES’ BEST FRIEND

When you are in pain and in doubt about its cause, call and make an appointment with your Doctor of Chiropractic. A spine and nerve test may save many hours of discomfort. Since pinched nerves seldom correct themselves, rely on your Doctor of Chiropractic to find the problem and reduce or eliminate it.

SUMMARY

You go along, never giving your nervous system a thought until there is a short circuit in the system. Then you may experience dizziness, nervousness, eye and ear problems, high or low blood pressure and many other conditions.

Your Doctor of Chiropractic is the professional to call for nerve disorders. The doctor works with the spine and nerves, and he has spent many years studying the nervous system. You want the best “detective” you can get to find the trouble and correct it quickly. In this task, he is aided by the natural healing powers of the body.

Whether your nervous system is healthy or malfunctioning makes a tremendous difference in your life. If healthy, you feel vigorous, strong and optimistic. If you are not healthy, you may be incapacitated with everything from dizziness, minor aches and pains to complete invalidism.

Chiropractic adjustments can correct your dizziness.

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